

TBar

TEA LIBATIONS & FUSION FARE

ULTIMATE IN TEA REFRESHMENT WITH A POTPOURRI OF FRESH & FLAVORFUL ENTRÉES & SNACKS.



250 Vallombrosa • Chico, CA 95926 • 530/895-8100

555 Flying V Street • Chico, CA 95928 • 530/809-1545

2700 Capitol Avenue • Sacramento, CA 95816 • 916/444-8227

1477 Hilltop Drive • Redding, CA 96003 • 530/222-8227

ILoveTBar.com

Feed Me

Create Your Own Fresh & Flavorful Fusion Specialty

Fusion Bowl - 11.95

Fuze your favorite flavors and fresh ingredients.

We'll add fresh avocado, edamame beans, julienne carrots, sesame seeds and daikon sprouts.

1

Choose a Topping

- Cracked Pepper London Broil **GF**
- Sweet Chili Chicken
- Hoisin BBQ Salmon*
- Grilled Ginger Tofu **GF** **V** **VEG**
- Mango Seared Pork **GF**
- Fire-roasted Veggies **GF** **V** **VEG**
- Impossible Burger **GF** **V** **VEG**

2

Select a Grain, Salad or Combo

- Seasoned White **GF** **V**
- Organic Brown **GF** **V**
- Israeli Couscous **V**
- Quinoa Rice Blend **GF** **V**
- Baby Greens
- Crisp Romaine
- 1/2 & 1/2 Combo

3

Pick a Dressing

- Wasabi Ginger **V** **VEG**
- Low Fat/Low Calorie Miso **VEG**
- Creamy Teriyaki **VEG**
- Honey Mustard **GF** **VEG**
- Chipotle Ranch **GF** **VEG**



Fusion Wrap - 10.45

Fuze your favorite flavors and fresh ingredients.

We'll add fresh avocado, julienne carrots and baby greens.

1

Choose a Topping

- Cracked Pepper London Broil **GF**
- Sweet Chili Chicken
- Hoisin BBQ Salmon*
- Grilled Ginger Tofu **GF** **V** **VEG**
- Mango Seared Pork **GF**
- Fire-roasted Veggies **GF** **V** **VEG**
- Impossible Burger **GF** **V** **VEG**

2

Select a Wrapper

- Garlic Herb **V**
- Whole Wheat **V**
- Gluten Free** **GF** **V** **VEG**
- Spinach **V**

3

Choose a Rice

- Seasoned White **GF** **V**
- Organic Brown **GF** **V**
- Quinoa Rice Blend **GF** **V**

4

Pick a Dressing

- Wasabi Ginger **V** **VEG**
- Low Fat/Low Calorie Miso **VEG**
- Creamy Teriyaki **VEG**
- Honey Mustard **GF** **VEG**
- Chipotle Ranch **GF** **VEG**

** Gluten Free Wrap Add 1.50

*Salmon? Additional 1.50 for Bowls & 1.00 for Wraps

Extra Avocado? Add 1.50

Split Charge? Add 2.50

Fusion Specialties - 8.45

Yummm Hummus **VEG**

A bounty of Mediterranean flavors blended with fresh chick peas, tahini and lemon. Partnered with fresh-baked Naan.

Sun-Dried Tomato & Chipotle • Cilantro Lime • Sweet Chili & Ginger

Substitute cucumber for naan. **GF** **V**

Sides & Kid's Fare

Teriyaki Chicken & Pineapple Skewers...7.45

Popcorn Chicken Kid's Bowl (14 & under)...7.45

Warm Edamame Bowl **V** **VEG**

With Himalayan Pink Seasoned Salt 6.95

Fusion Miso Soup...6.45 (seasonal) **VEG**

Substitute rice for couscous. **GF**

Extra Naan...1.50

Extra Cucumber...1.50

Side of Rice...4.95



Loaded Avo Toast **VEG**

Fresh and flavorful avocado mash, crowned with your choice of toppers loaded on top of toasty naan.

Mediterranean or Rustic Tomato

Irresistible Treats

Carrot Cake...5.45

Chocolate Sin Cake...5.45

Assorted Cookies, Biscotti...2.95 each



Takeout Available

Order on the TBar Rewards app and skip the line!



GF GLUTEN FREE **V** VEGAN **VEG** VEGETARIAN

Teaz Me

A Refreshing Celebration Of The World's Finest Tea

Freeze Me

Frosted Tea Lattes & Blended Tea Sorbets – 5.45

- Chocolate Chai Frost*
- Mango Madness Frost*
- Strawberry Almond Frost*
- Matcha Mint Frost*
- Peach Freeze
- Raspberry Crush Freeze
- Lemondrop Freeze



Ice Me

Fresh Brewed Iced Tea Specialties – 3.95

- Pomegranate Lemonade
- Strawberry Lemonade *
- Peach Palmer *
- Honeydew Chill
- Acai Sunrise
- Grapefruit Skyliner
- Tropical Burst *

Sparkle Me

Sparkling Tea Infusions – 3.95

- Cranberry Spark
- Ginger Pear
- Blackberry Lemonade
- Acai Pomegranate
- Tangerine Ginger *
- Strawberry Lime *
- Mystic Mandarin *



Steam Me

Hot Tea Lattes & Chai – 5.45

- Black Tea & Vanilla *
- Classic Chai
- Matcha Sin *
- Honeytea Latte
- Green Tea & Almond *
- Green Tea & Coconut *
- Oolong & Caramel Cream *

Pearls? Add 50¢

Prefer Soy, Almond, Oat or Coconut Milk? Add 50¢

Decaf? Just Ask!

■ BLACK TEA

■ GREEN TEA

■ OOLONG TEA

* AVAILABLE SUGAR FREE

*FROSTS CONTAIN DAIRY / LACTOSE FREE

Whole Leaf Pure

Fresh Brewed Artisan Tea Brewed To Perfection

Tea On Tap

Chilled, Iced Artisan Tea

Ask about our daily selections.

In house (with refills)...3.95

Takeout single cup (24 oz.)...3.95

Endless Pot

Organic Whole Leaf Tea

Steeped To Perfection

Ask for our list of artisan selections.

In house pot...4.95

Takeout single cup (16 oz.)...3.95



World's Finest Artisan T

Our garden direct loose-leaf teas represent the finest the world has to offer.

Extraordinary handcrafted teas. Plucked from the tea bush at their peak.
Ask us for our list of artisan selections.

White

White Teas are relatively rare. The tea leaf buds are picked the day before the shoots open, giving them a very subtle sweetness with a flowery, nutty aroma and smooth finish. White teas are full of antioxidants and are low in caffeine.

Green

Green Teas are the least processed of all tea types, which gives them a fresh quality that tea lovers enjoy throughout the world. Their active enzymes and antioxidants make for a beverage rich in healthfulness. Green tea can be enjoyed daily. It is light and refreshing, low in caffeine and is host to a wide variety of cancer fighting antioxidants.

Oolong

Oolong Teas offer the best qualities of both black and green teas in terms of taste and health. Tea connoisseurs around the world know this classic variety for its distinctive flavors and fragrances. Oolong tea is well known for reducing cholesterol, aids in weight loss and lowers blood sugar.

Black

Black Teas are full of flavor and are blended with a cavalcade of robust tastes including sweet, malty, light, crisp and can even have wine-like characteristics. Often complemented with a spot of cream, always rich in contributing to health and well-being.

Herbal

Herbal Teas come in a broad range of soothing flavors, unique medicinal qualities, all of which offer a relaxing journey to enjoyment.

Rooibos (Red)

Rooibos (Red Tea) is grown exclusively in the mountains of South Africa. Rich in antioxidants with a distinctive robust flavor.



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