

Tbar

TEA BAR + FUSION KITCHEN

ULTIMATE IN TEA REFRESHMENT WITH A POTPOURRI OF FRESH & FLAVORFUL ENTRÉES & SNACKS.



250 Vallombrosa • Chico, CA 95926 • 530/895-8100
555 Flying V Street • Chico, CA 95928 • 530/809-1545
2700 Capitol Avenue • Sacramento, CA 95816 • 916/444-8227
1477 Hilltop Drive • Redding, CA 96003 • 530/222-8227

ILoveTBar.com

Feed Me

Create Your Own Fresh & Flavorful Fusion Specialty

Fusion Bowl

Fuze your favorite flavors and fresh ingredients.

We'll add fresh avocado, edamame beans, julienne carrots, sesame seeds and daikon sprouts.

1

Choose a Topping

- Cracked Pepper London Broil* GF
- Sweet Chili Chicken
- Hoisin BBQ Salmon*
- Grilled Ginger Tofu GF V VEG
- Mango Seared Pork GF
- Fire-roasted Veggies GF V VEG
- Impossible Meatballs* GF V VEG

2

Select a Grain, Salad or Combo

- Seasoned White GF V
- Organic Brown GF V
- Israeli Couscous V
- Quinoa Rice Blend GF V
- Baby Greens
- Crisp Romaine
- 1/2 & 1/2 Combo

3

Pick a Dressing

- Wasabi Ginger V VEG
- Low Fat/Low Calorie Miso VEG
- Creamy Teriyaki VEG
- Honey Mustard GF VEG
- Chipotle Ranch GF VEG



Fusion Wrap

Fuze your favorite flavors and fresh ingredients.

We'll add fresh avocado, julienne carrots and baby greens.

1

Choose a Topping

- Cracked Pepper London Broil* GF
- Sweet Chili Chicken
- Hoisin BBQ Salmon*
- Grilled Ginger Tofu GF V VEG
- Mango Seared Pork GF
- Fire-roasted Veggies GF V VEG
- Impossible Meatballs* GF V VEG

2

Select a Wrapper

- Garlic Herb V
- Whole Wheat V
- Gluten Free** GF V VEG
- Spinach V

3

Choose a Rice

- Seasoned White GF V
- Organic Brown GF V
- Quinoa Rice Blend GF V

4

Pick a Dressing

- Wasabi Ginger V VEG
- Low Fat/Low Calorie Miso VEG
- Creamy Teriyaki VEG
- Honey Mustard GF VEG
- Chipotle Ranch GF VEG

** Gluten Free Wrap
Add'l Charge

Additional Charges: *Premium Protein Extra Avocado Split Charge Extra Dressing

Fusion Specialties

Yummus Hummus VEG

A bounty of Mediterranean flavors blended with fresh chick peas, tahini and lemon. Partnered with fresh-baked Naan.

Sun-Dried Tomato & Chipotle • Cilantro Lime • Sweet Chili & Ginger

Substitute cucumber for naan. GF V



Loaded Avo Toast VEG

Fresh and flavorful avocado mash, crowned with your choice of toppers loaded on top of toasty naan.

Mediterranean or Rustic Tomato

Sides & Kid's Fare

Popcorn Chicken Kid's Bowl
(14 & under)

Warm Edamame Bowl V VEG

With Himalayan Pink Seasoned Salt

Fusion Miso Soup (seasonal)

Substitute rice for couscous. GF

Side of Rice

Add'l Charge: Extra Naan or Cucumber



Irresistible Treats

Chocolate Chai Churro Donuts
Assorted Cookies, Biscotti

Takeout Available!
ILoveTBar.com

GF GLUTEN FREE V VEGAN VEG VEGETARIAN

Teaz Me

A Refreshing Celebration Of The World's Finest Tea

Freeze Me

Frosted Tea Lattes & Blended Tea Sorbets

- Chocolate Chai Frost*
- Mango Madness Frost*
- Strawberry Almond Frost*
- Strawberry Mojito Freeze
- Peach Freeze
- Raspberry Crush Freeze
- Lemondrop Freeze



Ice Me

Fresh Brewed Iced Tea Specialties

- Pomegranate Lemonade
- Strawberry Lemonade *
- Peach Palmer *
- Honeydew Chill
- Acai Sunrise
- Peach Bellini
- Tropical Burst *

Sparkle Me

Sparkling Tea Infusions

- Raspberry Mojito
- Ginger Pear
- Blackberry Lemonade
- Acai Pomegranate
- Tangerine Ginger *
- Strawberry Lime *
- Mystic Mandarin *



Steam Me

Hot Tea Lattes & Chai

- Black Tea & Vanilla *
- Classic Chai
- Matcha Sin *
- Honeytea Latte
- Black Tea & Maple Spiced
- Green Tea & Coconut *
- Oolong & Caramel Cream *

Add'l Charges: **Pearls? Prefer Soy, Almond, Oat or Coconut Milk?**

■ BLACK TEA ■ GREEN TEA ■ HERBAL TEA ■ OOLONG TEA * AVAILABLE SUGAR FREE *FROSTS CONTAIN DAIRY / LACTOSE FREE

Whole Leaf Pure

Fresh Brewed Artisan Tea Brewed To Perfection

Tea On Tap

Chilled, Iced Artisan Tea

Ask about our daily selections.

Sip & Savor By The Cup

Whole Leaf Tea

Steeped To Perfection

Ask for our list of artisan selections.



World's Finest Artisan T

**Our garden direct teas represent
the finest the world has to offer.**

Extraordinary handcrafted teas. Plucked from the tea bush at their peak.
Ask us for our list of artisan selections.

Green

Green Teas are the least processed of all tea types, which gives them a fresh quality that tea lovers enjoy throughout the world. Their active enzymes and antioxidants make for a beverage rich in healthfulness. Green tea can be enjoyed daily. It is light and refreshing, low in caffeine and is host to a wide variety of cancer fighting antioxidants.

Oolong

Oolong Teas offer the best qualities of both black and green teas in terms of taste and health. Tea connoisseurs around the world know this classic variety for its distinctive flavors and fragrances. Oolong tea is well known for reducing cholesterol, aids in weight loss and lowers blood sugar.

Black

Black Teas are full of flavor and are blended with a cavalcade of robust tastes including sweet, malty, light, crisp and can even have wine-like characteristics. Often complemented with a spot of cream, always rich in contributing to health and well-being.

Herbal

Herbal Teas come in a broad range of soothing flavors, unique medicinal qualities, all of which offer a relaxing journey to enjoyment.

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